



Preparing for a tongue reduction appointment

Questions to ask:

How many tongue reductions have you performed?

What surgical technique do you perform?

Why do you recommend this technique over the others (W cut, keyhole, modified V, star)?

Will my child remain intubated post-surgery? If yes, how long?

What is your pain management plan for inpatient and once we go home?

What is the total length of stay inpatient?

What are the criteria to get out of the hospital?

If I breastfeed my child, will I need to wean them off prior to surgery? What's the likelihood of my child to easily return to breastfeeding?

Have you ever had any airway issues post-surgery where you have to trach a child after surgery?

What are the risks of the procedure?

Have you ever had to re-do or perform a 2nd TR on your own patients? If yes, why?

Approximately when does oral feeding start after surgery?

How long do they need to be on a soft diet (if they're on solid foods)?

Do we need to come back and see you post discharge?

How do you handle issues that may arise once we return home?

How long will the sutures/stitches remain in the tongue?

Do we need to do any special oral care post operatively or when we get home?

Do you have any parents of past TR patients with whom I can discuss this?

Additional notes: