



# Beckwith - Wiedemann

Children's Foundation International

## Items to pack for TR

- ✓ Insurance Card and ID (license)
- ✓ Medical Records if requested by surgeon
- ✓ Bibs (parent recommended Pampers disposable bibs plastic lined)
- ✓ Few changes of clothes (they will wear hosp. clothes once admitted)
- ✓ Maybe consider a button up shirt or a wide neck pull over for discharge.
- ✓ Diapers and wipes (once admitted use hospitals so you don't have to bring so much or wait to buy upon arrival)
- ✓ Bottles/Cups/favorite spoon
- ✓ Formula (if still used – once admitted use the hospitals)
- ✓ Tylenol or Ibuprofen or Motrin
- ✓ Benadryl (sometimes this helps for the flight home so baby/child will sleep)
- ✓ Favorite blanket, toy, or pillow
- ✓ Portable DVD with movies for plane ride or entertainment in the room

## Parents:

- ✓ Dark shirts
- ✓ A surprise gift for toddlers daily to encourage them to drink/eat for a reward (parent recommended)
- ✓ Toiletries, slippers/socks, sweater, chapstick.
- ✓ Cash/coins for vending machines and meals
- ✓ Snacks
- ✓ Any Medication you take (Headaches, Heartburn, Allergies)

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*Most hospitals have on campus laundry facilities if needed.*

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