



## **PREPARING FOR ORTHOPEDIC APPOINTMENT**

1. What method do you perform: lengthening or shortening?
  - i. What are the pros and cons of both?
2. At what age is the best outcome?
3. How long is recovery?
4. What type of therapy can we expect post-surgery and how long?
5. How long no weight bearing?
6. How long is the procedure?

7. How long should we expect to be inpatient?
8. Does the hospital help us set up medical equipment (wheelchair, walker, shower chair, etc.)
9. How do you handle pain management?
10. Do you foresee a 2<sup>nd</sup> procedure after hardware is removed?
11. What happens if he/she gets over corrected?
12. What is the total length of stay inpatient?
13. What are the criteria to get out of the hospital?
14. If I breastfeed my child, will I need to wean them off prior to surgery?
15. Have you ever had any airway issues post-surgery where you have to trach a child after surgery?
16. What are the risks of the procedure?

17. Have you ever had to re-do or perform a 2<sup>nd</sup> TR on your own patients? If yes, why?

18. Approximately when does oral feeding start after surgery?

19. How long do they need to be on a soft diet (if they're on solid foods)?

20. Do we need to come back and see you post discharge?

21. How do you handle issues that may arise once we return home?

22. How long will the sutures/stitches remain in the tongue?

23. Do we need to do any special oral care post operatively or when we get home?

24. Do you have any parents of past TR patients with whom I can discuss this?